

Curriculum Vitae

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Daniela Jopp, Ph.D., Psychologist

Research Fellow, Institute of Gerontology, University of Heidelberg

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Research Interest

Psychological mechanisms of positive development (i.e., resources, strategies, beliefs)
Successful aging and well-being
Adaptation and coping with critical life events, disease, and aging
Activities and health in relation to cognition and memory
Life span psychology; young, middle-aged, older, oldest old, centenarians

Education

2003	Ph.D. in Psychology	Free University of Berlin, Germany
1997	M.A. in Psychology	Free University of Berlin, Germany
1993	B.A. in Psychology	Free University of Berlin, Germany

Academic Positions

Starting 09/2008	Assistant Professor of Applied Developmental Psychology, Fordham University, Bronx, NY
05/2008–08/2008	Research Fellow, Institute of Gerontology, University of Heidelberg,
11/2007–04/2008	Research Fellow, sponsored by the German Research Foundation (DFG), Institute of Gerontology, University of Heidelberg
08/2007–10/2007	Visiting Scientist, Georgia Institute of Technology, School of Psychology, Adult Cognition Lab (Director: Dr. C. Hertzog)
08/2005–07/2007	Research Fellow sponsored by the German Research Foundation (DFG), Georgia Institute of Technology, School of Psychology, Adult Cognition Lab (Director: Dr. C. Hertzog)
11/2004–07/2005	Visiting Scientist and coordinator of the Noun-Pair Interindividual Difference Project (NIH # 97177), Georgia Institute of Technology, School of Psychology, Adult Cognition Lab (Director: Dr. C. Hertzog)
10/2003–09/2004	Head of the Research Group Old and Very Old Age, German Centre for Research on Ageing at the University of Heidelberg, Department of Adult Development (Director: Dr. A. Kruse)

Academic Positions (cont.)

- 05/2003–09/2004 Research Fellow, German Centre for Research on Ageing at the University of Heidelberg, Department of Adult Development (Director: Dr. A. Kruse)
- 10/1999–04/2003 Pre-doctoral Fellow, Free University of Berlin, Department for Human Medicine, Research Group on Psychological Gerontology (Director: Dr. J. Smith)
- 05/1997–09/1999 Pre-doctoral Fellow, Free University of Berlin, Department for Human Medicine, Research Group on Psychological Gerontology (Director: Dr. M. M. Baltes), Project “Erfolgreiches Altern (ALLEE) [Successful Aging]” (PIs: Drs. M. M. Baltes & F. R. Lang)

Awards and Honors

- 2006 Conference stipend of the International Conference on Aging, Disability, and Independence (ICADI)
- 2004 Margret-M.-Baltes Jungwissenschaftlerpreis für verhaltens- und sozialwissenschaftliche Forschung [German award for outstanding young researchers in the field of behavioral and social sciences]
- 2004 Travel stipend for the German Research Council to attend the International Congress of Psychology in Beijing, China
- 2003 Poster prize of the German Society for Gerontology and Geriatrics, Social and Behavioral Section
- 2001 Dissertation Award’s Honorable Mention, Gerontological Society of America (GSA)
- 1998–2001 Member of the graduate program “Psychiatry and psychology of aging: Psychological potentials and limits”, Free University of Berlin, Germany
- 1997–1999 Dissertation scholarship of the German Research Foundation (DFG)

Recent Grants

- 2007–2009 “Rehabilitation Engineering Research Center (RERC) on Workplace Accommodations”, involving Georgia Institute of Technology, Syracuse University, University of Colorado, University of Pittsburgh. Agency: National Institute on Disability and Rehabilitation Research (NIDRR), U.S. Department of Education. Project R3. “Successful Aging at the Workplace”, in collaboration with Microsoft Corporation (Daniela Jopp & Jon Sanford, co-directors; US \$ 20,000)
- 2007–2008 German Research Foundation (DFG): Extension to JO 385/4-1: “Successful development in the domain of cognitive functioning: On the interplay between resources, strategies, and beliefs” (9,000 €; ca. US \$ 13,915)
- 2005–2007 German Research Foundation (DFG) JO 385/4-1: “Successful development in the domain of cognitive functioning: On the interplay between resources, strategies, and beliefs” (equivalent to NIA/H individual post-doctoral grant; 58 000 €; ca. US \$ 89,676)

Recent Publications

- Jopp, D., Rott, C., & Oswald, F. (in press). Valuation of life in old and very old age: The role of socio-demographic, social, and health resources for positive adaptation. *The Gerontologist*.
- Boerner, K., & Jopp, D. (in press). Entry on Paul B. and Margret M. Baltes. In D. S. Carr (Ed.), *Encyclopedia of the Sociology of the Life Course*. Farmington Hills, MI: Gale.
- Boerner, K. & Jopp, D. (in press). Resilience in response to loss. In J. W. Reich, A. J. Zautra, & J. Hall (Eds.), *Handbook of resilience: Concepts, methods, and applications*. New York: Guilford Press.
- Jopp, D., & Hertzog, C. (2007). Activities, self-referent beliefs and cognitive performance: Evidence for direct and mediated effects. *Psychology and Aging, 22*, 811–825.
- Boerner, K., & Jopp, D. (2007). Improvement/maintenance and reorientation as central features of coping with major life change and loss: Contributions of three life-span theories. *Human Development, 50*, 171–195.
- Dittmann-Kohli, F. & Jopp, D. (2007). Self and life-management: Wholesome knowledge for the third age. In J. Bond, F. Dittmann-Kohli, S. M. Peace, & G. Westerhof (Eds.), *Ageing and Society* (3. Vol., pp. 268–295). London: Sage.
- Jopp, D., & Rott, C. (2006). Adapting to very old age: Exploring the role of personal resources and protective mechanism in centenarians. *Psychology and Aging, 21*, 266–280.
- Jopp, D., & Smith, J. (2006). Resources and life-management strategies as determinants of successful aging: On the protective effect of selection, optimization, and compensation (SOC). *Psychology and Aging, 21*, 253–265.
- Rothenbacher, D., Rott, C., Jopp, D., & Brenner, H. (2006). Determinants, prognostic relevance and development of anxiety and depression in patients with coronary heart disease: An interdisciplinary approach within the KAROLA Study. In H.-W. Wahl, H. Brenner, H. Mollenkopf, D. Rothenbacher & C. Rott (Eds.), *The many faces of health, competence, and well-being in old age* (pp. 211–221). Berlin: Springer
- Rott, C., & Jopp, D. (2006). Langlebigkeit [Longevity]. In W. D. Oswald, U. Lehr, C. Sieber & J. Kornhuber (Eds.), *Gerontologie: Medizinische, psychologische und sozialwissenschaftliche Grundbegriffe* (3. Ed., pp. 237–241). Stuttgart: Kohlhammer.
- Rott, C., & Jopp, D. (2006). Subjective well-being in centenarians. *Global Ageing, 4 (special issue: centenarians)*, 52–62.
- Rott, C., Jopp, D., d'Heureuse, V. & Becker, G. (2006). Predictors of well-being in very old age. In H.-W. Wahl, H. Brenner, H. Mollenkopf, D. Rothenbacher & C. Rott (Eds.), *The many faces of health, competence, and well-being in old age* (pp. 119–129). Berlin: Springer.
- Schmitt, M., Oswald, F., Jopp, D., Wahl, H.-W. & Brenner, H. (2006). The impact of internal and external resources on health, competence, and well-being: Longitudinal findings from the ILSE. In H.-W. Wahl, H. Brenner, H. Mollenkopf, D. Rothenbacher & C. Rott (Eds.), *The many faces of health, competence, and well-being in old age* (pp. 199–209). Berlin: Springer.
- Smith, J., & Jopp, D. (2005). Geschlechterdifferenzen im Alter(n) [Gender differences in age and aging]. In S.-H. Filipp & U. M. Staudinger (Eds.), *Entwicklungspsychologie des mittleren und höheren Erwachsenenalters* (Enzyklopädie der Psychologie: C: 5, Vol. 6) (pp. 501–524). Göttingen: Hogrefe.
- Jopp, D., & Leipold, B. (2004). Zur Wahrnehmung von Ressourcen und ihrer Bedeutung für das Wohlbefinden: Altersassoziierte Gemeinsamkeiten und Unterschiede [On the perception of resources and their roles for subjective well-being: Age-associated similarities and differences]. *Zeitschrift für Gerontologie und Geriatrie, 37*, 354–356.
- Jopp, D., & Rott, C. (2004). Glücklichsein mit 100: Zur Rolle von Ressourcen, Überzeugungen und Einstellungen / Happy at the age of 100: Exploring the role of resources, beliefs, and attitudes. *Newsletter des Deutschen Zentrums für Alternsforschung, 7* (1), 4.
- Schulz, U., & Jopp, D. (2004). *Good old Germany? Gerontological research for an aging society*. AGHE Newsletter.

Recent Publications (cont.)

- Jopp, D. (2003). Ressourcenwahrnehmung und Wohlbefinden aus Lebensspannenperspektive / Resource perception and well-being over the life-span. *Newsletter des Deutschen Zentrums für Altersforschung*, 6 (2), 5.
- Smith, J., Maier, H., Borchelt, M., & Jopp, D. (2003). Health and well-being in old age: Findings from the Berlin Aging Study. *Journal of Social Issues*, 58, 715–732.
- Jopp, D. (2003). *Erfolgreiches Altern: Zum funktionalen Zusammenspiel von personalen Ressourcen und adaptiven Strategien des Lebensmanagements [Successful aging: On the functional interplay between personal resources and adaptive life-management strategies]*. Doctoral dissertation, Free University of Berlin, Germany. [Electronic version: <http://www.diss.fu-berlin.de/2003/50/indexe.html>].

Recent Presentations

- Jopp, D. & Schmitt, M. (2008, August). *Coping with multiple life events in midlife*. Presentation given at the 116th Scientific Meeting of the American Psychological Association, Boston, MA.
- Jopp, D. & Hertzog, C. (2008, Juli). *Adaptation in adulthood: Which role play resources, strategies, and beliefs for well-being?* Presentation given at the 29th International Congress of Psychology, Berlin.
- Jopp, D. & Schmitt, M. (2008, Juli). *Pathways into chronic disease: Findings from the Interdisciplinary Study of Adult Development (ILSE)*. Presentation given at the 29th International Congress of Psychology, Berlin.
- Rott, C., Jopp, D., & Oswald, F. (2008, Juli). *Valuation of life in old and very old age: Shifting importance of resources*. Presentation given at the 29th International Congress of Psychology, Berlin.
- Jopp, D., & Hertzog, C. (2007, November). *Memory action control beliefs: Relations to strategy use and performance*. Paper presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Jopp, D., Hoppmann, C., & Blanchard-Fields, F. (2007, November). *Linking resources and goal pursuit in older couples: an experience-sampling approach*. Paper presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Boerner, K., Jopp, D., & Carr, D. S. (2007, November). *What makes a good marriage? Exploring the components of marital quality in later life*. Paper presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Hoppmann, C., Jopp, D., & Blanchard-Fields, F. (2007, November). *Zielverfolgung in älteren Partnerschaften: Über die Adaptivität von Zielablösungsprozessen [Goal pursuit in older couples: On the adaptivity of goal disengagement processes]*. Paper presented at the 18th Meeting of the Developmental Psychology Section of the German Society for Psychology, Heidelberg, Germany.
- Jopp, D., & Hertzog, C. (2007, September). *Resilienz bei jungen, mittelalten und älteren Personen: Zur Rolle von Ressourcen, Lebensmanagementstrategien und Überzeugungen [Resilience in young, middle-aged, and older individuals: On the role of resources, life-management strategies, and beliefs]*. Paper presented at the 18th Meeting of the Developmental Psychology Section of the German Society for Psychology, Heidelberg, Germany.
- Rott, C., & Jopp, D. (2007, September). *Körperlich gebrechlich, aber psychisch resilient. Prädiktoren der positiven Anpassung von Hundertjährigen [Physically frail, but psychologically resilient. Predictors of adaption in centenarians]*. Paper presented at the 18th Meeting of the Developmental Psychology Section of the German Society for Psychology, Heidelberg, Germany.

Recent Presentations (cont.)

- Rott, C., & Jopp, D. (2007, September). *Körperlich gebrechlich, aber psychisch resilient. Prädiktoren der positiven Anpassung von Hundertjährigen [Physically frail, but psychologically resilient. Predictors of adaption in centenarians]*. Paper presented at the Annual Meeting of the Section of Social and Behavioral Gerontology of the German Society for Gerontology and Geriatrics, Hannover, Germany.
- Jopp, D., & Rott, C. (2006, November). *Meaning in life and will to live: Assurance for positive adaptation in very old age*. Paper presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Jopp, D., & Rott, C. (2006, February). *Adapting to resource constraints in extremely old age*. Paper presented at the International Conference on Aging, Disability, and Independence, St. Petersburg, FL.
- Jopp, D., & Hertzog, C. (2005, November). *Health dimensions and their relation to beliefs about cognition, strategy use, and cognitive performance*. Paper presented at the 58th Annual Scientific Meeting of the Gerontological Society of America in Orlando, FL.
- Jopp, D., & Schmitt, M. (2005, November). *Personal resources, perceived loss, and aging satisfaction*. Paper presented at the 58th Annual Scientific Meeting of the Gerontological Society of America in Orlando, FL.
- Jopp, D., & Rott, C. (2005, June). *Personal resources, meaning in life, and will to live: Predictors of happiness in centenarians*. Paper presented at the 18th World Congress for Gerontology in Rio, Brazil.
- Jopp, D., & Rott, C. (2004, November). *On the impact of resources and self-referent beliefs on successful aging: The sample case of centenarians*. Paper presented at the 57th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Jopp, D., Rott, C., & d'Heureuse, V. (2004, August). *On the roles of resources, self-referent beliefs, and attitudes towards life for successful aging: First results from the Heidelberg Centenarian Study*. Paper presented at the 28th International Congress of Psychology, Beijing, China.
- Rothenbacher, D., Rott, C., Jopp, D., & Brenner, H. (2004, June). *Determinants and prognostic relevance for depression and anxiety in patients with coronary heart disease: An interdisciplinary approach within the KAROLA study*. Paper presented at the International Conference of the German Centre for Research on Ageing "The many faces of health, competence, and well-being in old age: Integrating epidemiological, psychological, and social perspectives", Heidelberg, Germany.
- Rott, C., Jopp, D., d'Heureuse, V., & Becker, G. (2004, June). *Predictors of well-being in very old age*. Paper presented at the International Conference of the German Centre for Research on Ageing "The many faces of health, competence, and well-being in old age: Integrating epidemiological, psychological, and social perspectives", Heidelberg, Germany.
- Schmitt, M., Oswald, F., Jopp, D., Wahl, H.-W. & Brenner, H. (2004, June). *The impact of internal and external resources on health, competence, and well-being: Longitudinal findings from the ILSE*. Paper presented at the International Conference of the German Centre for Research on Ageing "The many faces of health, competence, and well-being in old age: Integrating epidemiological, psychological, and social perspectives", Heidelberg, Germany.
- Jopp, D., & Schmitt, M. (2004, March). *Zur Rolle von personalen Ressourcen und erlebten Altersveränderungen für die Alterszufriedenheit: Ergebnisse aus der Interdisziplinären Längsschnittstudie des Erwachsenenalters (ILSE) [On the role of personal resources and perceived age-related changes for aging satisfaction: Results from the Interdisciplinary Longitudinal Study on Adult Development]*. Paper presented at the 6th German Conference for Health Psychology, Leipzig, Germany.
- Jopp, D., & Schmitt, M. (2004, March). *Die Bedeutung von Ressourcen und Strategien bei der Bewältigung von kritischen Lebensereignissen im mittleren Erwachsenenalter [The impact of resources and strategies for coping with critical life events among middle-aged adults]*. Paper presented at the 6th German Conference for Health Psychology, Leipzig, Germany.

Recent Presentations (cont.)

- Jopp, D., & Smith, J. (2003, September). *Ressourcen und Lebensmanagementstrategien als Determinanten erfolgreichen Alterns [Resources and life-management strategies as determinants of successful aging]*. Paper presented at the 16th Meeting of the Developmental Psychology Section of the German Society for Psychology, Mainz, Germany.
- Jopp, D., & Smith, J. (2002, September). *Ressourcen und Lebensmanagement-strategien als Determinanten des erfolgreichen Alterns [Resources and life-managment strategies as determinants of successful aging]*. Paper presented at the 43rd Conference of the German Society for Psychology, Berlin, Germany.